

Some vaccines may be required or recommended for your travel to Latin America.

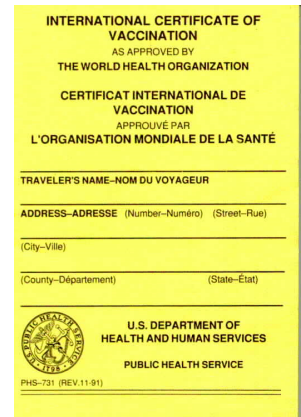
Yellow Fever Vaccination – Traveling from Peru to Costa Rica

Only for travelers going from Peru to Costa Rica, a Yellow Fever vaccine is required at least 10 days prior to travel. To enter Costa Rica, one must travel with an "International Certificate of Vaccination Against Yellow Fever" (ICVP) yellow booklet issued by your health care provider.

Travelers who fly to Costa Rica directly from the U.S. do not need a Yellow Fever vaccination.

General Health Information

Before every trip, make sure you are up-to-date on routine vaccines. These vaccines include the measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot. Also, be sure to check the CDC websites for any additional vaccines that may be recommended to keep you safe on your trip. Discuss your travel plans and personal health with a health-care provider (ideally 4-6 weeks prior to departure) to determine which other vaccines you may need. For detailed information, refer to www.cdc.gov.



Remember to stay safe and healthy while traveling:

- Get vaccinated
- Eat and drink safely
- Prevent bug bites
- Keep away from animals
- Reduce your exposure to germs
- Avoid sharing body fluids
- Avoid non-sterile medical or cosmetic equipment

For more information, please refer to the CDC website for each country that we will visit on this trip:

- Chile: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/chile>
- Argentina: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/argentina>
- Peru: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/peru>
- Costa Rica: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/costa-rica>