



Cape Town, South Africa / Service & Leadership

Sample Itinerary (based on 2016 schedule)

CALENDAR WEEK 1							
	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
8:00 AM	Morning	Morning	Morning	Morning	Morning	Morning	Morning
9:00 AM	Travel Day	Orientation	Soweto Tour: Hector Petersen Museum, Vilakazi Street (Mandela & Tutu's houses)	Fly to Cape Town for the rest of the program. Cape Town Orientation	Reflection	Graffiti Bicycle Tour of Woodstoc	Walking Tour of Cape Town / ROBBEN ISLAND
10:00 AM							
11:00 AM							
12:00 PM	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
1:00 PM	Travel Day	Cultural Activities: Apartheid Museum, Constitutional Hill	Impact project at the Kiptown Youth Centre	Fly to Cape Town for the rest of the program. Cape Town Orientation	B/FAST	Lunch	Lunch
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	Evening	Evening	Evening	Evening	Evening	Evening	Evening
7:00 PM	Settling in and Welcome Dinner	Group Dinner	Group Dinner	Dinner	Off Site Dinner (Movie Night with Cultural Buddies)	Dinner	Ocean Basket V&A for Dinner
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							



CALENDAR WEEK 2							
	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
8:00 AM	Morning	Morning	Morning	Morning	Morning	Morning	Morning
9:00 AM	Mandela Day: Impact Project	Language Workshop- Afrikaans & Xhosa	Promenade bicycle tour	Language Workshop- Afrikaans & Xhosa	Hike for Reflection	Heritage Tour: SABU:langa, gugulethu	Peninsula full day Tour
10:00 AM							
11:00 AM							
12:00 PM	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
1:00 PM	Mandela Day: Impact Project	(Community Engagement: MASE RAMARU EQUAL EDUCATION /Random Acts of Kindness)	Lunch	Lunch	Lunch	Heritage Tour: SABU:langa, gugulethu	Seeing Penguins, at the most southern western point of Africa
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	Evening	Evening	Evening	Evening	Evening	Evening	Evening
7:00 PM	Dinner	Dinner	Dinner		OFF SITE DINNER (Movie Night with Cultural Buddies)	Heritage Tour: SABU:langa, gugulethu	Dinner
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							



CALENDAR WEEK 3							
	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
8:00 AM	Morning	Morning	Morning	Morning	Morning	Morning	Morning
9:00 AM	Impact Project 2: READING CORNER AT ONS PLEK	ST JOSEPHS PULBLIC HEALTH SCHOOL	Cultural Activity: REFLECTION		Overnight Excursion: Safari AT FAIRY GLEN	Overnight Excursion: Safari AT FAIRY GLEN	
10:00 AM							
11:00 AM							
12:00 PM	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon	Afternoon
1:00 PM	(Impact Project 2: READING CORNER AT ONS PLEK	Cooking class	Lang Workshop: Food and Culture Exchange	Beading Workshop	Overnight Excursion: Safari AT FAIRY GLEN	Overnight Excursion: Safari AT FAIRY GLEN	LUNCH with Cultural Buddies
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM	Evening	Evening	Evening	Evening	Evening	Evening	Evening
7:00 PM	SPUR BURGER NIGHT	DINNER WITH BILQEES	Food Jam: Cultural Dinner with Cultural Buddies	dinner	Overnight Excursion: Safari AT FAIRY GLEN	Overnight Excursion: Safari AT FAIRY GLEN	
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							