Icebreaker: “Speed Dating” Activity
1. Partner up
2. Get to know each other! Some things you could talk about:
   • Name and grade
   • Have you traveled abroad before? If so, where? Talk about it
   • The CIEE program you will participate in this summer
   • Why you chose your program
   • What you are excited about
   • What you are nervous about
   • What you hope to gain
3. Switch partners and repeat as time allows

Q&A with Global Navigator Alum
1. Arrange for a Global Navigator alumni to attend the pre-departure meeting to share advice and host a Q&A with this year’s Global Navigators.
   • What burning questions do current Global Navigators have for alumni about their travels? (think broadly—safety, food, health, living arrangements...)

• Discuss things Global Navigators can do and keep in mind to become a successful Ambassador. (journaling throughout your travels, taking note of mistakes, things that helped you, how you felt abroad, etc)

Inspirational Video
1. Watch TEDxRainier- Rick Steves: The Value of Travel: [http://bit.ly/2AoOOb1](http://bit.ly/2AoOOb1) then answer these questions:
   According to Rick Steves, what does one learn from traveling? Suggested answers...
   • Connect with culture
   • Connecting with people is the mark of a good trip
   • Straighten out misunderstandings that exist across cultures
   • Travel wallops ethnocentricity
   • Fear is for people who don't get out much
   • Appreciate the baggage people are carrying