

Check your Visa!

- o Do you have a multiple entry visa?
- o Is your visa valid during the dates you want to travel?
 - If you answered NO to the above two questions, you may not be able to re-enter the U.S. if you leave.

Check your DS-2019!

- o CIEE recommends that you do not travel outside the U.S. after your DS-2019 end date. Make sure your form is valid during your travel dates.

Are you traveling during your work time?

- o If yes, make sure your time off is approved by your employer and that you give them plenty of notice so they can cover your shifts.

Do you need a Visa?

- o You may need a visa to enter other countries like Mexico or Canada while you're on your program.
 - CIEE says: Make sure you do your research and have all the right documentation to enter your destination!

Do you have Insurance Coverage?

- o The insurance provided by CIEE will cover you in the United States, the U.S. Virgin Islands, Puerto Rico, Mexico and Canada. If you are traveling to a different location, you will need to purchase additional travel insurance.

Do you have all your documents signed?

- o If you travel outside the continental United States, you will need to mail your original DS-2019 form to the CIEE office in Portland Maine for a travel validation signature. You should include the following:
 - Original DS-2019
 - Short note: Where you are going and when?
 - Pre-paid, self address envelope so we can send it back to you!
 - o CIEE says: You should always track your DS-2019 form when you send it for travel validation. Use a service like FedEx or UPS!