

# Itinerary Four Day Program

(Activities will be tailored to the specific needs of the group)



Mountain Pass Tacheddirt

Photo: Arnd Wächter

**Time for reflection:** We are aware that our program is very rich. We will be careful to provide time to process experiences rather than to rush from one sight to the next. We have seen on other journeys that when individuals have time to arrive within themselves there is the space for authentic connections with land, culture and individuals.

## **Day One      TARIFA - TANGIER - RABAT**

### Morning:

- Meeting at 10am in Tarifa
- Boat journey across the Mediterranean Sea from Tarifa, Spain to Tangier, Morocco
- Conversation “Cultural diversity in Morocco” about Arab, Berber and Jewish coexistence in Morocco, with Moroccan students from L’Ecole Superior du Traduction in Tangier
- Lunch at the Women’s Center DARNA

### Afternoon:

- Drive to Asilah and walk through the Medina (old town) to the Atlantic Ocean
- Drive along the Atlantic Ocean to Rabat (3 hours)

### Evening:

- Meeting of the home stay families (Two or three students will stay with one family.)
- Dinner with home stay families
- Walk through the Medina of Rabat in small groups with Moroccan students

## **Day Two      RABAT**

### Morning:

- Breakfast
- Facilitated discussion “West and Arab worlds - images about each other” with Moroccan students from Rabat University and a Moroccan professor
- Visit of the Roman ruins Chellah, the Mausoleum Hassan II and the Main mosque.

### Afternoon:

- Lunch with home stay families
- Exploration of Rabat’s Andalucian houses in the Casbah and the street life in the medina market. Individual options: to spend time in the art museum or gallery, at the ocean or in the

gardens of the castle. (This afternoon will be spent in small groups to create space for authentic experiences of the place and for personal connections. Two American students will be accompanied by two Moroccan students from Rabat University. )

Break: Mint tea in the Casbah Café at the river

Evening:

- Social time: Conversation with Peace Corps Volunteers about living in Morocco as a foreigner
- Optional *hammam* (public baths)
- Dinner with home stay families in the Medina

**Day Three RABAT - RIF MOUNTAINS - CHEFCHAOUEN**

7:30 Breakfast

8:00 Drive to Rif Mountains

12:00 Walk in the Rif Mountains to a family in a mountain village (approx. 30 minutes)

Afternoon: (This is a personal visit: we will keep an eye on time AND be flexible for experiences.)

Lunch in the house of a family and conversation about education, simplicity of life and economic challenges of rural areas in Morocco.

17:30 Drive to Chefchaouen

18:30 Short walk through the medina of Chefchaouen with some background information about its Moorish and Jewish inhabitants and its historic link to Al Andalus.

19:00 Settle in hostel

Individual time for exploring the Medina (We will experience both how beautiful Chefchaouen is and how damaging tourism can be.)

Evening:

20:30 Special celebration dinner in the Medina of Chefchaouen

22:00 Social time on the roof terrace: to share images and thoughts from our journey. (30 min)

**Day Four CHEFCHAOUEN - CEUTA - ALGECIRAS**

Morning:

- Morning walk through the awakening town to a hill outside the city gate
- Drive through mountains, fields and cities to Ceuta (2 hours)
- Breakfast on the way
- Crossing the Moroccan - Spanish border

Afternoon:

- Boat journey across the Strait of Gibraltar
- Good bye in Algeciras, Spain around 3:30pm